

# York 5K Race Series

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## GETTING TO THE START

The EvenSplits York 5K Race Series will be run on the cycle circuit at the [University of York Sport Village](#), Heslington East, Lakeside Way, York YO10 5FG.

## PARKING

If driving, please do not park at York Sport Village, use the car parks further along Kimberlow Lane (see map over). Do not park on the access roads, bus lane or turning circle. If you travel by car, please car share if you can.

Alternatively, York Sport Village is situated close to Grimston Bar Park & Ride. Or why not cycle here; it is a cycle circuit after all!

## REGISTRATION – Opens at 6:15pm

The first time you race in the EvenSplits York 5K Race Series, you will need to collect your race number from Registration. This will be located at the side of the cycle circuit.

- 'B' race runners should collect their number before 7.00pm
- 'A' race runners should collect before 7.45pm

**KEEP YOUR RACE NUMBER:** you will need it for all subsequent races in the series! If you don't have it with you on the night, you will have to pay £3 for a replacement.

**CHANGING ROOMS, LOCKERS & SHOWERS:** are available in the main Sport Village building. A £1 coin is required for the lockers. Please do not leave valuables in the changing rooms.

## START TIMES

- The 'B' race (for runners predicted to run 21:30-plus) will start at **7.15pm**
- The 'A' race (for runners predicted to run sub-21.30) will start at **8.00pm**

## ROUTE

The race will be run entirely on the cycle circuit, which is exactly 1 kilometre in length. You will run 5 complete laps anti-clockwise. Please keep to the left unless you are overtaking.

Do not enter the cycle track for any reason until given permission from the Race Director. Find a safe place away from the circuit to warm up but be trackside 5 minutes prior to your race time.

## RESULTS

Results will be published as soon as possible at [www.racebest.com/results](http://www.racebest.com/results). Kilometre splits and cumulative results are published at <http://www.evensplits.events/york-5k>.